

## Troop 610 Weekend Backpacking Check List

- 1) Pack - external or internal frame backpack or very large day pack. Troop may have 2 or 3 to lend. See Quarter master or SPL for availability. Water resistant pack cover or one large (33gal+) garbage bag to protect gear in the event of rain.
- 2) One-gallon freezer bags (tougher than storage bags) to use as clothes packets to keep stuff dry. Can also be used as your pillow.
- 3) Sleeping Bag - should be in a compression bag or original bag sack. And must be placed in or attached to your pack ( Bungee cord, nylon straps, rope )
- 4) Ground pad. Optional, only if light weight and can be attached to your pack.
- 5) Clothing - typical clothing will depend on weather forecast. Always prepare for RAIN. List below is good reference for a weekend trip. Footwear is most important. You want to break in your boots way before you hike long distance. Lightweight boots or running style shoes preferred.
  - One extra pair wool or heavy socks to prevent blisters. Synthetic blend preferred ( Cotton retains moisture)
  - 1 pair of underwear.
  - 1 pair lightweight short or lightweight long pants.(Which ever not wearing on day 1)
  - 1 cap or hat. (Sun protection)
  - Stocking cap/beanie. Optional as weather predicts
  - Lightweight Jacket/Sweater/fleece. Optional as weather predicts
  - Rain gear. Minimum a poncho
  - Camp shoes (crocs/lightweight sandals) optional but good idea
- 6) At least 3 water Bottles/canteen of water. Each bottle should be approx quart/Liter. NO one gallon jugs
- 7) Small flashlight
- 8) 1 light plastic bowl, 1 light cup, 1 spoon (personal mess kit should be minimized to only essential needs to eat, NOT to cook)
- 9) tooth brush and small(trial size) tube toothpaste
- 10) Enough, not a whole roll of toilet paper
- 11) Small pack of moist wipes for (sanitary need)
- 12) Small hand towel
- 13) Matches for cooking
- 14) Small personal first aid kit
- 15) Scout book and pen/paper to write
- 16) Compass
- 17) Small cord or rope as needed. 25ft max
- 18) Pocket Knife

Items you will share and are distributed amongst your patrol and/or tent mates. Please be sure to allow packing space for crew gear to include:

- Tent -One scout to carry rain fly/tent other scout carries pole/stakes.
- Food/Water- Your pack should allow for additional food and water.
- Shovel/ Tools
- Stove/fuel/cooking gear/filters

NOTE: fully packed, backpack weight must be less than 25lbs. Lighter is better...